



# Friends *of* Natural Medicine

Join **Friends of Natural Medicine** and be part of a growing community of people passionate about natural health and holistic wellbeing. An initiative of the Australian Traditional-Medicine Society (ATMS), Friends of Natural Medicine connects you with the latest news, research, and trusted resources shaping the future of natural medicine in Australia.

Your regular updates include:

- Blogs covering a wide range of informative and inspiring natural health topics
- Healthy recipes to support everyday wellbeing
- Podcasts you'll love, including the Legends Series on the ATMS Let's Talk Natural Medicine podcast
- Practical wellness tips from practitioners



JOIN THE COMMUNITY!



 [atms.com.au/friends-of-natural-medicine/](https://atms.com.au/friends-of-natural-medicine/)

 Australian Traditional Medicine Society

 @friendsofnaturalmedicine

 Let's Talk Natural Medicine Podcast



**ATMS**  
Australian Traditional  
Medicine Society



# Natural Medicine Week™

25 - 31 May 2026

Natural Medicine Week is Australia's annual celebration of the important role natural medicine plays in supporting the health and wellbeing of our communities. It's a great opportunity to learn more about natural therapies and connect with accredited practitioners who can help support your health and wellbeing naturally.

Visit the Natural Medicine Week website to explore delicious healthy recipes, inspiring blogs, and learn more about the benefits of natural medicine and why seeing an accredited practitioner makes all the difference!



[naturalmedicineweek.com.au](https://naturalmedicineweek.com.au)



## FIND A PRACTITIONER

### Connect with a trusted practitioner near you

Seek support from an accredited practitioner across a range of modalities via ATMS' Find a Practitioner tool.

Finding an accredited practitioner in your area is quick and easy!



[atms.com.au/find-a-practitioner](https://atms.com.au/find-a-practitioner)