

Your Size	Chest (cm)	Ladies AU size (approx.)	Men's AU size (approx.)
2XS	88–91	10–12	XS–S
XS	92–95	12–14	S
S	96–99	14–16	M
M	100–103	16–18	L
L	104–107	18–20	XL
XL	108–111	20–22	XL–2XL
2XL	112–115	22	2XL
3XL	116–119	24	3XL
4XL	120–123	24–26	4XL
5XL	124–129	26–28	5XL
6XL	130–135	28	6XL

Please note: This garment uses **alpha sizing (2XS–6XL)** based on **chest measurements in cm**. These labels do not directly correspond to traditional Ladies AU numeric sizes. Ladies and Men's size references are provided as a **general guide only**. For accuracy, please select your size using the chest measurement rather than the size label.