

Author Guidelines

The *Australasian Journal of Natural Medicine* (ISSN 3083-3302 Online, ISSN 3083-3310 Print) publishes articles on all aspects of natural medicine as taught and practised in Australia as well as articles related to the activities of the Australian Traditional-Medicine Society. Authors should ensure that their article addresses a topic that is broadly recognised within the field of natural medicine and is relevant to Australian clinical practice.

Acceptance of manuscripts is based on editorial assessment and peer review. Authors must declare any commercial interest in any therapeutic product, device, or service discussed in their article. Where relevant, this declaration may be published.

Submission of an article confirms that it has not been previously published and is not under consideration elsewhere. Articles must be written in clear, scholarly English; manuscripts with poor grammar, spelling, or inadequate referencing will not be accepted. All information must be supported by credible, widely accepted sources.

All articles undergo peer review and editorial editing. Adjustments will follow the Journal's in-house style. While every effort is made to provide authors with the final copy before publication, time constraints may occasionally prevent this.

The Australian Traditional-Medicine Society supports animal rights. Authors must therefore avoid referencing animal studies in their work.

Word Count

Articles may be up to **2,500 words**. If your submission exceeds this limit, please contact the Editor before submitting.

Figures and Tables

Figures and tables must not be embedded in the main text document. Each figure should be provided as a separate file and numbered in the order in which it appears in the text.

Because figures will be reduced during production, avoid submitting large figures with small text that may become illegible once scaled.

Figure submission requirements:

- Do **not** embed art files in Word or PDF documents.
- Images must be at least **300 dpi at 100% size**.



- Acceptable formats: **PDF, EPS, TIFF, JPG**.
 - Do **not** submit PowerPoint, Bitmap, or Excel files.
 - File names should include the first author's surname (e.g., *SmithFig1.tif*, *SmithTable2.doc*).
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Permissions

If you include material from another source, you must provide written permission from both the author and the publisher granting the Journal the right to reproduce it.

Written permission is also required to cite unpublished data or papers that are still in press.

Referencing

The Journal uses the **Vancouver System**. References are numbered sequentially in the order they appear in the text. Refer: [Vancouver Referencing Guide \(University of Sheffield\)](#)

Examples:

- Kuhn TS. *The Structure of Scientific Revolutions*. Chicago: University of Chicago Press; 1970.
 - Fujiwara R, Tong ZG, Matsuoka H. Effects of acupuncture on immune response in mice. *Int J Neuroscience*. 1991;57:141–150.
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Presentation of Articles

Articles must include:

1. **Title**
2. **Author's name and professional qualifications**
 - e.g., ND, BSc, or relevant affiliation such as "Lecturer, Anatomy Department, School of Medical Sciences, North-West University"
3. **Abstract** (up to 250 words)
4. **Body text**
5. **Tables** (each provided in a separate file)
6. **Figures** (professional quality; submitted separately)



Formatting details:

- Use bullet points in the following style: ●
- Spell out a term in full the first time it appears, followed by the acronym in parentheses; after that, use the acronym only.
- Use **single quotation marks** for direct quotations and **double quotation marks** for quotations within quotations.
- Tables must be numbered consecutively and include a brief title. Avoid internal horizontal or vertical lines. Ensure every table is cited in the text.
- Previously published figures must be properly credited, and written permission from the copyright holder is required.

Submission Requirements

Please save your manuscript in **Microsoft Word format** and email submissions to the Editor: editor@atms.com.au

Graphics must be sent as separate files, with clear indications in the manuscript of where they should be placed. Authors are responsible for ensuring all copyright requirements have been met.

For advertorials or branded product-related news items, please contact:

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Submission of an article indicates agreement with these conditions. Authors who do not agree should not submit.

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