

ATMS Modality:

Bowen Therapy

Definition of Treatment

The Bowen Technique is a remedial, hands-on therapy based on the use of gentle pressure and release of the soft connective tissue (fascia) of the body. This involves a sequence of light, cross-fibre movements of varying pressure at specific sites on the body using thumbs and fingers in a specific manner.. It is believed this technique promotes the body's own healing response. There is no manipulation or adjustment of bones and no forceful movements used. The experience of a treatment is gentle, subtle and relaxing. It is believed that the Bowen Technique prompts the body to reset, repair and balance itself. Clients report the experience as relief of pain, improvement in function and recovery of energy.

The Bowen Technique can be performed through light clothing, although some therapists prefer to work on skin. The ultimate choice should be left to the client. Session vary according to the presenting problems of the client with the initial treatment being a whole body assessment. As a general rule, moves will be made over the lower and mid back and legs, the upper back and shoulders before finishing with the neck.

The assessment must include the development of a specific treatment plan as to the best course of treatment for the patient's condition/injury. This treatment plan forms the basis of the clinical notes. These notes must be consistent with the ATMS Code of Conduct, the Unregistered Health Practitioner Act and the additional requirements set by the health funds.



Health Fund	Educational Requirements	Provider Number
Australian Health Management	Completion of a total of 720 hours of education training which must consist of: <ul style="list-style-type: none"> • 120 hours of Anatomy & Physiology • 100 hours of basic and advanced Bowen Technique • 500 hours of clinical practice Qualifications completed by correspondence only and/or the clinical training not supervised will NOT be recognised. If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications	Names of eligible ATMS members will be sent to AHM each month. Your ATMS Number will be your provider number, unless you wish to have online claiming. You will then need to contact AHM directly for the new provider number.
Australian Unity	Completion of an Australian RTO Diploma qualification.	Names and details of eligible ATMS members will be sent to Australian Unity each month. ATMS members will need to contact Australian Unity on 1800 035 360 to register as a provider, after filling out the Australian Unity Application Form located on the ATMS website to activate their provider status. This only needs to happen the first time. Your ATMS number can be used as your Provider Number, or you can contact Australian Unity for your Australian Unity generated Provider Number.
BUPA	Completion of an RTO Diploma or Advanced Diploma qualification. Any educational qualifications substantially attained by distance only learning, online learning and external mode will not be recognised.	Names and details of eligible ATMS members will be sent to BUPA on a weekly basis. BUPA will generate a Provider Number after receiving the list of eligible practitioners. BUPA advises ATMS of your Provider Number and ATMS will then advise those members directly.
CBHS	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to CBHS each month. Your ATMS number will be your Provider Number.

Bowen Therapy Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
CUA Health	Meets ATMS requirements.	<p>Details of eligible members, including member updates are sent to CUA by ATMS monthly. The CUA provider number is based on your ATMS number with additional lettering. To work out your CUA provider number please follow these steps:</p> <ol style="list-style-type: none"> 1 Add the letters AT which will be the start of your provider number. 2 Next add the letter that corresponds to your accredited modality at the end of the provider number; B Bowen Therapy, 3 If your ATMS number has five digits go to step 4. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123). 4 Add your ATMS number to the end of the letter sequence. If ATMS member 123 is accredited in Bowen Therapy, the CUA provider number will be ATB00123.
Grand United	Practitioners need to apply directly and can contact health fund on 1800 249 966.	
HBF	Completion of an RTO Diploma of Bowen Therapy.	<p>Names and details of eligible ATMS members will be sent to HBF each month. HBF requires all providers who wish to register with HBF to fill out an application form available on the HBF website www.hbf.com.au. Once HBF approves the provider, they will generate provider numbers after they receive the first claim from your first HBF client.</p>
Health Care Insurance Limited	Meets ATMS requirements.	<p>Details of eligible members, including member updates are sent to Health Care Insurance by ATMS monthly. The Health Care Insurance provider number is based on your ATMS number with additional lettering. To work out your Health Care Insurance provider number please follow these steps:</p> <ol style="list-style-type: none"> 1 Add the letters AT which will be the start of your provider number. 2 Next add the letter that corresponds to your accredited modality at the end of the provider number; B Bowen Therapy, 3 If your ATMS number has five digits go to step 4. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123). 4 Add your ATMS number to the end of the letter sequence. If ATMS member 123 is accredited in Bowen Therapy, the Health Care Insurance provider number will be ATB00123.

Bowen Therapy Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
Health Partners	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to Health Partners each month. Your ATMS number will be your Provider Number.
Medibank Private	Completion of a total of 720 hours of education training which must consist of: <ul style="list-style-type: none"> • 120 hours of Anatomy & Physiology • 100 hours of basic and advanced Bowen Technique • 500 hours of clinical practice Qualifications completed by correspondence only and/or the clinical training not supervised will not be recognised. If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications.	Names and details of eligible ATMS members will be sent to Medibank Private on a monthly basis. Medibank Private generates Provider Numbers after receiving the list of eligible practitioners from ATMS. Medibank Private sends these provider numbers directly to your clinic address/es.
NIB	Completion of an RTO Diploma of Bowen Therapy.	Names and details of eligible ATMS members will be sent to NIB on a weekly basis. Your ATMS Number will be your provider number, unless your client wishes to claim online. Your client will need to contact NIB directly or search by your surname and postcode on the NIB website www.nib.com.au for your provider number for online claiming purposes.
Queensland Country Health	Meets ATMS requirements.	Details of eligible members, including member updates are sent to Queensland Country Health by ATMS monthly. The Queensland Country Health provider number is based on your ATMS number with additional lettering. To work out your Queensland Country Health provider number please follow these steps: <ol style="list-style-type: none"> 1 Start with the letters AT. 2 Next add the letter that corresponds to your accredited modality at the end of the provider number; B Bowen Therapy, 3 If your ATMS number has five digits go to step 4. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123). 4 Add your ATMS number to the end of the letter sequence. If ATMS member 123 is accredited in Bowen Therapy, the Queensland Country Health provider number will be ATB00123.
Teachers Health	Meets ATMS requirements.	Details of eligible members, including member updates are sent to Teachers Health by ATMS monthly. The Teachers Health provider number is based on your ATMS number with additional lettering. To work out your Teachers Health provider number please follow these steps: <ol style="list-style-type: none"> 1 Start with the letters AT. 2 Next add the letter that corresponds to your accredited modality at the end of the provider number; B Bowen Therapy, 3 If your ATMS number has five digits go to step 4. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123). 4 Add your ATMS number to the end of the letter sequence. If ATMS member 123 is accredited in Bowen Therapy, the Teachers Health provider number will be ATB00123.

Bowen Therapy Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
Transport Health	Meets ATMS requirements.	<p>Details of eligible members, including member updates are sent to Transport Health by ATMS monthly. The Transport Health provider number is based on your ATMS number with additional lettering. To work out your Transport Health provider number please follow these steps:</p> <ol style="list-style-type: none"> 1 Start with the letters AT. 2 Next add the letter that corresponds to your accredited modality at the end of the provider number; B Bowen Therapy, 3 If your ATMS number has five digits go to step 4. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123). 4 Add your ATMS number to the end of the letter sequence. If ATMS member 123 is accredited in Bowen Therapy, the Transport Health provider number will be ATB00123.